Sunday Oct. 11
Chicken Escarole Soup or Garden Salad  
Pot Roast or Seafood Newburg  
Sides: Mashed Potatoes, Jasmine Rice, Sauteed Peas, Green Beans  
Tiramisu

Monday Oct. 12
Tomato Soup or Antipasto Salad  
Pork w/Port Wine and Cherry Sauce or Chicken and Rice Casserole  
Sides: Baked Sweet Potato, Maple Roasted Butternut and Beets, Mixed Vegetables  
Apple Crisp

Tuesday Oct. 13
Chili or Pear, Blue Cheese & Walnut Salad  
Chicken Cordon Bleu or Lemon Shrimp Sole  
Sides: Mashed Potatoes, Parmesan Risotto, Stuffed Tomato  
Pumpkin Pie

Wednesday Oct. 14
Tuscan Bean Soup or Garden Salad  
Pork L’Orange or Spaghetti and Meatballs  
Sides: Cinnamon Sweet Potatoes, Sauteed Brussel Sprouts, Broccolini  
Mountain Berry Tart

Thursday Oct. 15
Cauliflower Chowder or Autumn Chopped Salad  
Stuffed Turkey Breast or Beef Stew  
Sides: Sweet Potato & Apple Casserole, Egg Noodles, Bahama Blend, Asparagus  
Candy Apple Pie

Friday Oct. 16
Crab and Potato Bisque or Mixed Greens Salad  
Fish and Chips or Swedish Meatballs  
Sides: Egg Noodles, Broccoli Slaw, Peas & Mushrooms  
Apple Pie Ala Mode

Saturday Oct. 17
Beef Vegetable Soup or Greek Salad  
Linguini and Red Clam Sauce or Pork w/Apple Raisin Chutney  
Sides: Baked Sweet Potato, Broccoli, Buttered Corn  
Bread Pudding

Daily Alternates
Grilled Chicken Breast, Beef Burger  
Baked Filet of Cod, Oatmeal  
Marinated mushrooms, pickled beets, cottage cheese, applesauce, fruit cup